# Our Lady Star of the Sea Canteen Menu 2024



Order online via the QR code or flexischools App

#### BURGERS

	Cheese Burger	\$6.00
	Home-made Beef Patty, Lettuce, Tomato & Chees	e + Sauce
	<b>Chicken Burger</b> Seared Chicken Breast, Lettuce & Mayo	\$6.00
	Vegie Burger	<b>\$6.00</b>
	Home-made Red Lentil Patty, Lettuce, Carro cream & Sweet chilli sauce	t, Sour
	Mexican Burger	<i>\$6.50</i>
Home-made Beef Patty, Lettuce, Cheese, Salsa & A Dip		lsa & Avo
	OLSS Burger	<i>\$7.50</i>
	Home-made Beef Patty, Lettuce, Tomato, Co Carrot, Beetroot, Cheese, Pineapple + Sauce	

#### WRAPS

Chicken Tender Twister	\$ 6.00
Chicken Tenders x 2, Mayo, Lettuce, Tomoao &	
Cheese	
Sweet Chilli Chicken Twister	\$ 6.00
Sweet Chilli Chicken Tenders x 2, Mayo, Sweet	
chilli sauce, Lettuce, Tomato & Cheese	
Mexican Twister	<i>\$6.50</i>
Chicken Tenders x 2, Lettuce, Tomato, Ch	eese,
Salsa & Avo dip	

#### NACHOS

Vegetarian GF	\$5.50
Corn Chips, Cheese, Mexi Beans, Avo Dip,	
Salsa & Sour Cream  Reef GF	\$ 6.00
Corn Chips, Beef, Cheese, Avo Dip, Salsa & S Chicken GF	Sour Cream <b>\$6.00</b>
Corn Chips, Chicken Breast, Cheese, Avo D	ip,

Salsa & Sour Cream

# SANDWICHES, ROLLS AND WRAPS

Dro	nared	fresh	daily
Pre	pared	rresn	ually

Boiled eggs	\$1.00
Tuna	\$5.50
Salmon	\$5.00
Breast Chicken	\$5.50
Breast Chicken & Salad	\$6.00
Ham	\$4.00
Ham & Salad	\$6.00
Salad	\$5.50
Egg & Lettuce	\$5.00
Cheese	\$4.00
Vegemite	\$3.00
Ham & Cheese	\$5.00
Ham, Cheese & Tomato	\$5.50
Baked Beans & Cheese	\$4.50
Spaghetti & Cheese	\$4.50
Buttered bread or roll	\$2.00
*Bread, Rolls & Wrap options - White	•

# HOT FOOD

\*Gluten Free Bread Available +\$1.00

ALL CAN BE TOASTED.

(Tomato, BBQ or Sweet & Sour)

Chicken Nuggets	<b>90</b> c
Chicken Nuggets GF	\$1.00
Fish Finger	<b>90</b> c
Garlic Bread	\$1.50
Wholegrain Garlic Bread	\$1.50
Hot Cheese Roll	\$2.70
Cheese Ham Scroll	\$3.00
Party Pie Beef 130g	\$4.00
Pie Beef 175g	\$5.00
Sausage Roll	\$4.50
Spag Bolognaise	\$5.50
Fried Rice GF	<i>\$5.50</i>
Macaroni Cheese	<i>\$5.50</i>
Lasagne	\$5.50
Sauce Sachets	40c

## CHICKEN HOME SCHNITZEL

Chicken Schnitzel on a long roll

\$6.00

Homemade chicken schnitzel tender

Chicken Schnitzel Salad Bowl \$7.00

Homemade chicken schnitzel tender served with salad

#### TOASTED FOCACCIAS

Cheese	<b>\$5.00</b>
Ham	\$5.00
Ham & Cheese	\$6.00
Ham, Cheese & Tomato	\$6.50
Chicken	\$6.50

#### DRINKS

Flavoured Milk

Chocolate

Strawberry \$2.50

**Poppa** 

Apple Orange

Paradise Punch \$1.50

Water \$1.50

# SNACKS

Pikelet	80c
JJ Snacks	<i>\$1.80</i>
Grainwaves (Sour Cream & Chives)	<i>\$1.80</i>
Popcorn	<i>\$1.80</i>
Pretzels	<i>\$1.80</i>
Snaps Light & Tangy	\$1.80
Red Roc Deli Sea Salt Chips	\$1.80
Red Roc Deli Honey & Soy	\$1.80
Boiled Egg	\$1.00
Orange cut in 1/2	\$2.00
Apple	\$2.00
Watermelon	\$2.00
Vegie Sticks	\$1.80
Hummus with Vegie Sticks	\$4.00
Cup of Yoghurt	\$1.80
Cup of Custard	\$1.80
Banana Bread Howe	<b>\$2.20</b>

#### SALADS

Salad Box \$6.00

Lettuce, carrot, celery, cucumber, tomato,

beetroot, capsicum, egg & cheese add

Chicken \$1.00

*Ham* \$1.00

Fish \$1.00

**Tuna \$1.00** 

Roasted Pumpkin Zucchini Slice \$6.00

Roasted Pumpkin Zucchini Slice +

**Salad** \$6.50

Mini Salad Box \$3.50

Carrot, celery, cucumber sticks, capsicum & cubed cheese

### SUSHI

Tuna \$4.50 Teriyaki Chicken \$4.50

#### **OVER THE COUNTER**

#### **LUNCH AND FRUIT BREAK**

Vanilla Ice Cream Tub GF \$1.50 Snap Stix \$1.50

Ice Money TNT's \$1.50

Juices \$1.50

Lemonade

Wildberry

Tropical

**Orange** 

Frozen Yoghurt GF \$2.00

Chocolate & Vanilla

Strawberry & Vanilla

strawberry & vanina

Watermelon & Mango

Jelly Cups	<i>\$1.00</i>
<b>Custard and Milo cups</b>	<i>\$1.00</i>
Choc Chip Muffins	80c
Quelch Sticks (1/2)	80c
Pikelet	80c

<sup>\*\*</sup> We try to have all options available but depending on supply and demand not all items/flavours will be available daily.

GF: Gluten Free.